



BISHOP HEBER COLLEGE

(Autonomous and Affiliated to Bharathidasan University)
(Nationally Reaccredited with 'A' Grade by NAAC with a CGPA of 3.58 on 4 point scale)
(Recognised by UGC as 'College of Excellence')

Puthur, Tiruchirappalli-620 017, Tamilnadu, India

Policy on Sports and Games

PREAMBLE

Games and sports are highly significant in the life of the young learners to make them fit, energetic and enhance their social quotient. It caters to the overall development of the body and mind. Sports in educational institutions not only activates the mind but also improves the inner strength and agility of the body, teaches the value of discipline and team work to students.

Department of Physical Education

I. Objectives

The main objective of the Department is

- To involve majority of students in sports activities for youth empowerment and Nation building
- To foster social consciousness
- To develop skills and mental attentiveness of students
- To maintain the physical fitness of students for sports activity

II. Roles and Responsibilities

- The Department shall invite and encourage sportsmen/sportswomen with high credentials to join the College
- The Department will increase its State-of-the Art infrastructure on par with International standards




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- The Department shall depute coaches of high profile to train the sports persons for the events and tournaments
- The Department shall provide top priority for the differently abled by encouraging and conducting suitable sports for them.
- The Department shall organize Annual Sports Meet to inculcate the spirit of sportsmanship among the undergraduate and post-graduate students and staff members
- The Department shall organize State Level Invitation Tournaments to encourage players to participate in sports and games
- The Department shall provide first-aid to players injured and help in treatment and render financial assistance
- The Department through the College shall take stringent measures to enable students to adhere to the Sports Policy

III. Physical Education and Sports Management

- The Director of Physical Education shall organize, lead and administrate the entire sports activities conducted inside the premises.
- All sporting equipment to be purchased will be recommended to the Sports Committee, endorsed and forwarded to the Head of the Institution
- Damaged and tampered sports equipment are liable to be auctioned in the presence of Sports Committee Members
- The Director of Physical Education shall identify talented sportsmen/sportswomen through Extension Clubs, Sports and Games club, giving an opportunity to play by representing the College




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- The Director of Physical Education shall additionally take charge of the Indoor multipurpose stadium, grounds, courts and fitness centre of the college and its maintenance
- The Director of Physical Education has the right to select players to represent the college in sports tournaments
- The Director of Physical Education has sole responsibility to monitor attendance, training programmes and dress code of the players

IV. College Sports Committee

The Sports Committee is independent and shall put forth recommendation to the staff council and renders expert advice to council on matters related to college sports.

The Sports Committee comprises of:

- Principal or Patron
- Vice-Principal(s)
- Bursar
- Director of Physical education
- Member Representative 02 (Male & Female)
- Parent Coordinator
- Student Representatives of Sports Events

V. Roles of Sports Committee

- Determine the sports and games to be offered
- Review and monitor the sports policy, including grievance redressal procedures
- Oversee the management of Department of Physical Education and render advice on necessity




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- Preparation of reports of the Department of Physical Education, for College and University
- Support the Department of Physical Education during the admission process
- Recommend the Sports students for fee concession and management scholarships
- Encourage the students to take part in coaching for competitive examinations and in career development programmes for jobs in public sector
- Provide a platform for illustrious sports Alumni and College players to interact and socialize

VI. Procedures and Policy for Maintaining and Utilizing Support Facilities

- Heber Academy's shall take care of the Cricket and Tennis court periodically at nominal rent. It is done on an agreement to provide training and playing slots for staff and students
- The courts & its effective usage are entrusted to outstanding coaches, who shall offer training to the college team(s) free of cost
- This Department shall extend support for the neighbouring community to make use of the facilities
- Academy for the games, Badminton and Table Tennis, shall be encouraged to collect a nominal fee which will be shared between the management and the coaches of the respective academies
- The Academy shall attract school children for training as well as for summer camps to enroll themselves, shall pave an excellent neighbourhood networking for the college
- These policies apart from fulfilling the social obligation shall generate funds for the Management through consultancy services




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- Fitness Centre adopts pay and use policy and is restricted only to students and staff members. The income generated is made use, not only for upkeeping the fitness centre but also for the professional fee for the fitness trainers
- During holidays and when cricket and football fields are not in use, it shall be let out for rent to public, institutions and corporates to conduct their events on sports and games
- Sports equipment as well as fitness related equipment are reserved and made available for all the sports players free of cost
- Football, Hockey and Cricket Grounds should be maintained by watering, mowing the grass, levelling the ground, marking of the play fields, maintaining wickets, weeding, pest control, edging of sidewalk on monthly basis and to be well-maintained and records should be kept
- Procurement of new sports equipment, repairing and maintenance should be done through a proper modus operandi
- Tampered and condemned Sports equipment are left for auction to the College students at the end of every academic year
- Department of Physical Education shall render all technical support in conducting the sports events

VII. Policy in Sports Admission

- The Department shall flash an advertisement in social media for admission under Sports Quota every academic year through brochures
- Based on the performance in the selections conducted by experts in games, percentage of fee concession shall be recommended by the Department of physical Education




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- Free accommodation in hostels or concession in accommodation for sportsmen is by the independent decree of Principal and Director of Physical Education
- The fee structure of the players shall be subject to change by the management on necessary condition
- The list of selected players and the fee structure shall be endorsed by the Sports Committee

VIII. Policy in Attendance and Examination

- The Director of Physical education is empowered to produce the On-duty list of students who take part in sports events every Monday, to the Attendance Cell duly signed by the Principal
- The Director of Physical Education shall request the Principal to permit the candidates take-up Re-test, who have represented the College in sports meet held on the same days of Internal and End semester Examinations


IX. Injury/Accident and Insurance policy

- Students involved in sports are advised to register for an individual health policy
- In an event if there happens an injury or accident, it must be brought to the notice of the Principal and Sports Committee immediately
- A medical kit shall be provided to all teams. The coach or team assistant is responsible for the above and must be brought to the notice of director of physical education to restock it
- The College holds sole responsibility for sportsmen injured during matches by providing full medical and financial assistance

X. Code of Conduct for Coaches and Academy Managers

- They Shall abide by all rules and regulations of the Institution and procedures including attendance and reporting for duty




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- Must be well mannered with appropriate behaviour and adhere to the decisions taken by the institution
- Shall provide quality supervision and motivate players constantly
- Coaches and Academy managers are solely responsible for safety and fair play of the players during practice and in tournaments

XI. Infrastructure Development and Augmentation of Sports Facilities

The availability of adequate sports facilities is basic to the development of Sports. While existing play fields and stadia, both indoor and outdoor, will be maintained for sports purposes, the augmentation of new facilities are considered for providing open area to promote sports activities. Steps are taken to evolve low cost functional and environment-friendly designs in this regard, so that maximum benefits could be derived through relatively low levels of investment. Efforts will also be made to optimally utilize the available infrastructure and man-power. Special Coaching Camps will be organised, during the vacations, to provide intensive training to talented sports persons.

CONCLUSION

Activities related to Sports and Physical Education are essential components of human resource development, helping to promote good health, comradeship and a spirit of friendly competition, which, in turn, has positive impact on the overall development of personality of the youth. Excellence in sports enhances the sense of achievement, national pride and patriotism. Sports also provide beneficial recreation, improve productivity and foster social harmony and discipline.




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